

# GLUTEN FREE LUNCH

## START HERE

**deviled eggs** / 6  
peppered bacon, barbecue spice

**just-made guacamole** / 8  
carrots & cucumbers

**street corn dip** / 9  
carrots & cucumbers, jalapenos,  
cilantro, aleppo chili

## SALADS

**simple green salad** / 6  
baby greens, tomatoes, house vinaigrette

**superfood salad** / 13  
kale, quinoa, almonds, dried cranberries,  
lemon vinaigrette

**sonoma salad** / 13  
mixed greens, prairie breeze cheddar, gala apples,  
almonds, house vinaigrette

**big fat greek salad** / 13  
cucumbers, tomatoes, red onions, garbanzo beans,  
kalamata olives, pepperoncini, feta cheese,  
red wine vinaigrette

**acapulco salad** / 13  
grilled chicken, black beans, sweet corn, avocado,  
tomatoes, cheddar cheese, fire-roasted poblano peppers,  
lime-cilantro dressing

**grilled chicken chopped salad** / 13  
tomatoes, avocado, crispy bacon,  
bleu cheese, green onions, sweet-mustard vinaigrette

### ADD TO YOUR SALAD

quinoa 1.5 / all-natural chicken breast 4 / grilled salmon 6

**DRESSINGS** lime cilantro, sweet-mustard vinaigrette, buttermilk ranch,  
house vinaigrette, blue cheese

## BURGERS served on our gluten-free bun

**prime cheeseburger** served with lettuce, tomato, mayo,  
and choice of tillamooks sharp cheddar, roth kase swiss or american cheese / 13

**bacon cheddar burger** tilamook sharp cheddar, bacon mayo / 14

**ADD TO YOUR BURGER** sauteed mushrooms 1 / applewood bacon 2 / fried egg 2

## VERY NICE SANDWICHES & TACOS

sandwiches served on our gluten-free bun and with choice of market vegetable or fruit

**THE grilled chicken sandwich** lettuce, tomato, chipotle mayo / 13

**classic turkey club** applewood-smoked bacon, lettuce, tomato, mayo / 13

**chili-lime chicken tacos** sweet peppers, jalapeno slaw, guacamole, salsa roja, soft corn tortillas / 14

**baja tuna tacos** jalapeno slaw, guacamole, salsa roja, soft corn tortillas / 17

## SIGNATURE PLATES

**minute chicken terri d** grilled chicken, wilted spinach, lemon butter, capers / 15

**broiled lake superior whitefish** roasted yukon gold potatoes, wilted spinach / 18

**cedar-planked salmon** caramelized maple dijon glaze, market vegetables / 19

## DESSERT

**butter brickle sundae** / 4

**gluten-free chocolate cookies** vanilla ice cream / 7

All of our options are prepared in open kitchens and may come in contact with gluten.  
Please ask your server if you need any further assistance.

## COCKTAILS

**THE margarita** / 12  
patron silver  
triple sec  
fresh-squeezed lime juice

**cranberry mule** / 11  
ketel one  
cointreau  
fresh-squeezed lime juice  
gosling's ginger beer

**black walnut old fashioned** / 12  
bulleit rye  
black walnut bitters  
luxardo cherries

**sparkling cider** / 10  
OCG  
giuliana prosecco

**the aviation** / 12  
hendricks gin  
luxardo liqueur  
chambord  
fresh-squeezed lemon juice

## NICE TO KNOW

No trees were harmed in the making of this menu! The paper is from a local, family-run, eco-friendly company called French Paper. Do you know a nice person? Nominate him or her to be our next Mity Nice award winner. Check out our wall of fame! We believe in being good neighbors, ask about our local business discounts.

# GLUTEN-FREE DINNER

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carrots & cucumbers

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cilantro, aleppo chili

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avocado, tomatoes, cheddar cheese, fire-roasted  
poblano peppers, lime-cilantro dressing

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**baja tuna tacos** jalapeno slaw, guacamole, salsa roja, soft corn tortillas / 18

## SIGNATURE PLATES

**thanksgiving dinner** green beans, mashed potatoes, cranberry sauce, roasted carrots / 16

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**broiled lake superior whitefish** roasted carrots, wilted spinach / 18

**cedar-planked salmon** caramelized maple dijon glaze, market vegetables / 21

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